

## HELPING KIDS SETTLE BACK INTO SCHOOL

The start of the new school year brings a variety of challenges – from teacher and class changes, through to the transition from holiday mode back into the routine of school. This can make settling back into school difficult for some children and young people, especially after the summer break.

*Get kids involved in the organisation process*

Being organised for school isn't a parent-only activity. Involve your kids as fully as practical in the process. By

